

Theme of the Week:

WINNING

The act of a person or thing that wins.



VERSE

Don't you realize that in a race everyone runs, but only one person gets the prize? So run to win!

1 Corinthians 9:24

QUESTIONS

- What do you love about winning?
- What do you dislike about losing?
- How can you help your team win this week beyond what the final score says?

CHALLENGE

This season end the practice and/or game time with three things you and the team are grateful for.

TIP

Gratitude is one of the most significant factors to brain health, mental, and emotional wellbeing.



REAL LIFE
SPORTS